

Fans Don't Let Fans Drive Drunk

Score the Big Win During Super Bowl LVII With a Commitment to Sober Driving

Dalhart, Texas – During Super Bowl LVII, the U.S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA) is teaming up with **The Texas Department of Transportation (TxDOT)** and **Texas A&M AgriLife Extension Service** to remind football fans everywhere that *Fans Don't Let Fans Drive Drunk*. Super Bowl LVII is on Sunday, February 12, 2023. If you're heading out to a Super Bowl party and you plan to drink alcohol, make sure you plan for a designated driver to get you home safely at the night's end.

"We want our community members to enjoy Super Bowl festivities, but we also want responsible drivers on our roads," said **AgriLife Extension Family and Community Health, Agent Kay Rogers, Dallam & Hartley Counties**. "If you are planning to be away from home during Super Bowl, make a game plan to ensure you don't find yourself without a designated driver if you need one. If you're hosting a party, make sure you take care of your designated drivers. Remind your friends and family: *Fans Don't Let Fans Drive Drunk*."

Be the DD MVP

If you're planning to be a designated driver, know that you're the night's MVP. Commit to a sober evening – people are relying on you. If you are attending a party or are at a bar or restaurant, enjoy the food, the company, and the nonalcoholic drinks. Encourage other designated drivers on social media by using the hashtag #DesignatedDriver. Your positive influence could help keep them on the right track. If someone you know has been drinking and tries to drive, take their keys and help them get home safely. They may complain, but they'll thank you later.

Host a Winning Party

If you're hosting a party for this year's Super Bowl, prepare plenty of snacks and nonalcoholic drinks for your guests and the designated drivers.

Ask your guests to designate their sober drivers in advance. Remind drinking guests that they have a long evening ahead of them, and encourage them to pace themselves, to eat food, and to drink plenty of water. Another important reminder: Never serve alcohol to minors. If an underage person drinks and drives, the person who provided the alcohol can be held liable for any damage, injury, or death caused by the underage driver.

Have a Game Plan

Whether you are attending a party or going to a bar or restaurant, make a game plan and follow these simple tips for a safe and happy evening:



- Remember that it is never okay to drink and drive. Even if you've had only one alcoholic beverage, designate a sober driver or plan to use a ride service or call a taxi or sober friend to get home safely.
- If available, use your community's sober ride program
- If you see a suspected drunk driver on the road, call 911 immediately
- Do you have a friend who is about to drink and drive? Take the keys away and make arrangements to get your friend home safely.

Only one team wins Super Bowl, but if you drive drunk, you lose. Everyone should know by now that it is illegal to drive impaired. Drunk driving can have a range of consequences, including the possibility of causing a traumatic crash. These crashes could cause you, someone you love, or a total stranger to suffer serious injuries or even death.

Make a commitment today to refrain from drunk driving. For more information, visit www.nhtsa.gov/risky-driving/drunk-driving.

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For more information, contact: Bobbi Brooks, Texas A&M AgriLife Extension Service, *Watch UR BAC* program, by phone 979-321-5224; or email: Bobbi.Brooks@ag.tamu.edu

Texas A&M AgriLife Extension Service's *Watch UR BAC* program is a free, statewide program to promote alcohol awareness, the dangers of impaired driving, and friends watching out for friends.

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.