

Dallam and Hartley

Family and Consumer Science



There are many people who do not know the history of the XIT Ranch and what counties it covered.

So here is a little background about the ranch.

The XIT Ranch was a cattle ranch in the Texas Panhandle which operated from 1885—1912. It was the largest ranch in the world under fence. Comprising over 3,000,000 acres of land, it ran for 200 miles along the New Mexico border, varying in width from 20—30 miles wide. It sprawled across the Texas Panhandle up from old Yellow House headquarters near what is now Lubbock, northward to the Oklahoma Panhandle in a crazy strip that stretched across all or portions of Dallam, Hartley, Oldham, Deaf Smith, Parmer, Castro, Baily, Lamb, Cochran, and Hockley Counties. At one time, the ranch ran over 150,000 cattle.

The brand XIT was designed Ab Blocker and B.H. Campbell to thwart rustlers.

Besides being the biggest ranch in Texas—the biggest state—used it to pay for its red granite Capitol which is still the largest state Capitol on the North American Continent today. The dome of the Texas Capitol in Austin stands approximately 15 feet higher than the U.S. Capitol Dome.

In 1881, a bargain was struck with 2 brothers, Charles B. and John V. Farwell, of Chicago. They agreed to build a \$3,000,000 Capitol and accept the three million Panhandle acres in payment.

The XIT Ranch became one of the first ranches to adopt scientific practices and raised various agriculture crops annually in addition to raising cattle.

During the 1920's, the XIT Ranch was broken up, sold, and thus was divided into smaller ranches. Now only a few of the original buildings still exist.

Since 1936, cowboys and their families who worked on the XIT Ranch have been gathering at annual reunions to reminisce about life on the ranch. Since 1937, these reunions have been held in Dalhart, where the addition of a rodeo and a free barbeque have been opened to the public. Today, the event brings in approximately 20,000 people to town.

The XIT Rodeo and Reunion will be held August 7-9, 2014. For more information and a schedule of events visit: www.xit-rodeo.com, you may also contact the Chamber at 806-244-5646.

Volume 6, Issue 8

August 2014

Inside this issue:

Interesting information about August	2
XIT Arts & Crafts	3
End of Summer	3
Eyeglasses	3
Recipe	4





August

- ⇒ August is named after Augustus, the first Emperor of Rome who chose it as it was the month of his greatest triumphs.
- ⇒ Until 8BC, the Romans called August by “Sextilis” as it was the sixth month of the year.
- ⇒ The Anglo-Saxxons called August by the name Weod—monath (weed month) as it is the month when weeds grow most rapidly.
- ⇒ August is the only month of the year that starts on a Thursday.

BIZARRE AND UNIQUE HOLIDAYS

This month has some interesting holidays. Things that should be practiced everyday.

⇒ Happiness Happens Month:

Are You happy? Do you know what happiness is? Throughout the month, people are encouraged to act upon their happiness in two ways: recognize and express happiness; and secondly, don't rain on other people's parades. Peter Pan creator and novelist, James Barrie, said, “Those who bring sunshine into the lives of others cannot keep it from themselves”. Be Happy, Stay Happy, and Have A Happy, Happy Day!

⇒ What will be your Legacy Month?

This is a time for people to reflect on their past and present actions and vow to make positive changes that will affect generations. The seeds, whether positive or negative, that we plant in our children's lives will grow and reflect our teaching.

⇒ 1st week in August is:

National Simplify your Life Week.

We could all put this into practice, we as a society are always on the go. We just need to stop and take time for us.

⇒ 2nd week in August is:

National Smile Week—so lets go out and get our smile on... it takes more muscles to frown, then it does to smile.

⇒ 3rd week in August is:

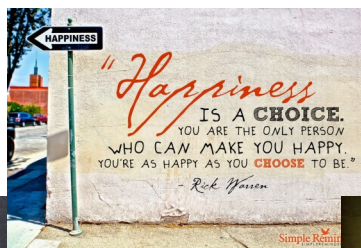
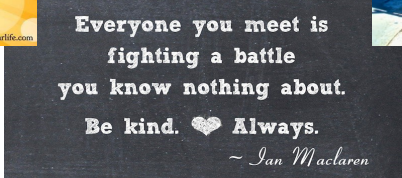
Friendship Week— let's go out and tell our friends how much they mean to us or call up an old friend that you haven't spoken to in a while, just to catch up.

⇒ 4th week in August is:

Be Kind to Humankind Week - a celebration of people and the kind acts that they perform all across the globe. We should always be kind, but go above and beyond.

Here are some daily affirmations:

- ⇒ Motorist Consideration Monday
- ⇒ Touch a Heart Tuesday
- ⇒ Willing to Lend a Hand Wednesday
- ⇒ Thoughtful Thursday
- ⇒ Forgive Your Foe Friday
- ⇒ Speak Kind Words Saturday
- ⇒ Sacrifice Our Wants for Others' Needs Sunday





XIT Arts and Crafts Show

Wear your walking shoes, sunscreen, sun hats, and come join us at the Arts and Crafts Show at Memorial Veterans Park, 7th and Rock Island on August 7, 2014, from 9am—5pm. Admission is free and open to the public.

There will be food and plenty of crafts to look at.

We hope to see you there!!



SUMMER IS COMING TO AN END



As the summer comes to an end, that means it is time to start getting ready for a new school year.

The kids usually do not want to go back to school, where as the parents are usually happy about it.

Everyone is trying to get last minute vacations in.

It is time to start shopping for new school clothes and school supplies. Registration, setting up your schedule to make sure it meets the criteria you need, and meet the teacher night.

I hope that everyone had a great, fun-filled summer.

Our local Lion's Club is in need of eyeglass donations. Please drop them off at our office at your convenience.



Kay W. Rogers

Kay Rogers
Texas A&M AgriLife Extension Service
Family and Consumer Science Agent –Dallam & Hartley Counties
Email: kwrogers@ag.tamu.edu

**If you have any topics that you would like to have published, please contact me or email me.



Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Dallam & Hartley Counties
Texas A&M AgriLife Extension Service
401 Denrock, Dalhart, TX 79022
Tel: 806.244.4434 | Fax: 806.244.7434 | dallam@ag.tamu.edu

Dallam and Hartley Counties
Extension Office
401 Denrock
Dalhart, TX, 79022
Phone: 806-244-4434
Fax: 806-244-7434
TEXAS A&M
AGRI LIFE
EXTENSION

Strawberry Shortcakes

Ingredients:

- ⇒ 1 tablespoon calorie- - free sweetener
- ⇒ 1 tablespoon cornstarch
- ⇒ 1 cup orange juice
- ⇒ 1/4 teaspoon vanilla or almond extract
- ⇒ 1 1/2 cups sliced fresh strawberries (about 1 pint)
- ⇒ 6 sponge cake dessert shells (5-ounce package)

Directions:

Combine sweetener and cornstarch in a small saucepan. Stir in orange juice. Bring to a boil; cook, stirring constantly, 1 minutes or until mixture is thickened and bubbly. Remove from heat, and stir in extract. Cool completely.

Combine orange juice mixture and strawberries on a bowl; stir gently. Cover and chill for 30 minutes.

To serve, spoon sauce over dessert shells.

Tip: This luscious sauce is also good spooned over no-sugar-added ice cream, angel food cake, or fat-free pound cake.



Nutritional Information:

Calories per serving: 113
Calories from fat: 0.0%
Fat per serving: 0.9g
Saturated fat per serving: 0.3g
Monounsaturated fat per serving: 0.0g
Polyunsaturated fat per serving: 0.0g
Protein per serving: 2g
Carbohydrates per serving: 24.3g
Fiber per serving: 0.2g
Cholesterol per serving: 33mg
Iron per serving: 0.0mg
Sodium per serving: 169mg
Calcium per serving: 0.0mg