



# Dallam & Hartley 4.



One Day 4-H is our way of saying "thanks." One Day 4-H will make Texas better. What can you do in one day?

# October 11

This October 11, all over Texas, 4-H clubs will once again be going out into their communities to lend a helping hand in exciting new ways. What will you do? This is what Dallam & Hartley County 4-Hers will be up to on October 11.

> CHANNING 4-H CLUB - Meet @ 9:00am at the school in Channing for the One Day 4-H annual clean-up

HARTLEY PLAINSMEN - Meet @ 2:00pm at the Hartley Community Building for the One Day 4-H clean up project

DALLAM COUNTY or HARTLEY COUNTY - Meet at the Skate Park in Dalhart at 9am to assist in painting the skate park ramps

Meet at the Extension Office at 401 Denrock at 1pm to sew soap pouches and pillowcases for charity

Sign up for a shift at Tractor Supply Company between 9am-3pm to promote 4-H, give away free hot chocolate, ask for dog food donations and encourage customers to purchase a \$1.00 clover for the Paper Clover Campaign.

All 4-Hers who participate will receive a free One Day 4-H t-shirt!

# October 2014

Dallam & Hartley Counties

401 Denrock

3

Dalhart, Texas 79022 Phone: 806.244.4434

Fax: 806.244.7434

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- \*\*\*During National 4-H Week, 4-Hers across our 2 counties are going to be busy, busy.
- \*\*\*Hartley County 4-H Council will be conducting a food drive in Hartley and Channing. Non-perishable food items can be dropped off at either school.
- \*\*\*Hartley Plainsmen will be making goody boxes for teachers.
- \*\*\*Dallam County 4-H Council will be delivering apples to teachers and cookies/cupcakes to supporters.
- \*\*\*Cheerleaders will be throwing out footballs during the Friday night Wolves football game during National 4-H Week, October 10. Basketballs will be thrown out during basketball season in Channing, Hartley, and Texline.

# LIVESTOCK

# 2014 MOORE COUNTY SHEEP & GOAT CLINIC

SATURDAY, OCTOBER 11, 2014
MOORE COUNTY COMMUNITY
BUILDING

16TH & MADDOX, DUMAS, TX

Clinic will include showmanship and animal care starting at 9:00 a.m.

\$10 per child—Entry fee will go towards prize money for the Judy Moore Sheep & Goat Jackpot

Please feel free to bring one animal of each species

Showmanship drive held at the end of clinic

All show age children welcome!

For More Information:

Moore County Ext. Office—806-935-2593

Marcel Fischbacher, Jr.—806-336-1708

Haley Sprague—806-202-8959

Major Stock Show Entry Day November 4 & 10

9-5pm

"Major Stock Show Entry Days" will be on Tuesday, November 4 for Ft. Worth Livestock Show and November 10 for all other major shows (Odessa, San Angelo, San Antonio, Houston, and Austin). November 4th is the absolute last date to enter the Ft. Worth Livestock Show as they will not accept late entries. Other major shows charge significant late fees. Hours for "Major Stock Show Entry Days" are from 9am to 5pm at the Extension office. This is for all 4-Hers attending major livestock shows in 2015 to complete their paperwork and pay entry fees. You may come to the office prior to this date to fill out paperwork in advance if you prefer.

CALF SCRAMBLES
At all major Stock Shows
If you are interested, please call
the office and talk to Shelby.

### Rabbit Clinic

Debbie Todd, rabbit superintendent, is organizing a rabbit clinic to be held on . . .

Sunday, October 5, 3pm Rita Blanca Coliseum

Basic care, nutrition, health and showmanship will be discussed. Please feel free to give Debbie or our office a call if you have questions.

JUDY MOORE MEMORIAL LAMB & GOAT JACKPOT Saturday, October 25, 2014 Moore County Com. Bldg. 16th & Maddox Dumas, TX

\$25 entry fee due day of showcash only

Goat Weight Cards Due: 9:00am
Show begins: 10:00am
Lamb Weight Cards Due: 9:00am
Show Begins: 1:00pm
Barn will open Friday, October 24
at 5:00pm
Peewee & Adult Showmanship—
Adults \$5
Jackpot open to the world!

For more information:
Moore Co. Extension Office:
806-935-2593
Marcel Fischacher, Jr.:
806-336-1708
Haley Sprague: 806-202-8959

You Bought 'Em Go Show 'Em

Wheeler County Warm-up Lamb &
Goat Show—\$500 and buckle guaranteed to the grand lamb & goat
and other added
December 7th, 2014
Wheeler County Show Barn
Wheeler, TX
1pm-goat weight cards due
2pm-Goat Show
2pm-lamb weight cards due
Lamb Show after goats

\$30 Entry Fee

(cash only)

Wheeler County Warm-up Swine
Show—\$1000.00 guaranteed to the
grand plus other added
December 6th, 2014
Wheeler County Show Barn
Wheeler, TX
10am—weight cards due
11am-Show

\$30 Entry Fee

(cash only)

# Lamb & Goat Validation

October 27 at the Rita Blanca Coliseum at 4pm





Dallam County-November 17 at the Rita Blanca Coliseum at 4pm

Hartley County-November 18 at the Hartley Ag.

Shop at 4pm

### Heifer Validation

All registration papers are due to Shelby by November 3rd. If you have them before that date, please get them to Shelby as soon as possible. The fee is \$10.00 per heifer validated.

# Project News . . .

### **FOOD CHALLENGE & FOOD SHOW**

Food Challenge Meetings are being held weekly in Hartley and Channing. There may be up to four teams representing Hartley County at the D1 Food Challenge Contest on Tuesday, October 14 in Pampa.

Food Show and Food Challenge Project Meetings are being held in Dalhart on Thursday evenings at 5:30pm at the Rita Blanca Coliseum. There may be up to 4 teams representing Dallam Co. at the D1 Food Challenge Contest.

District 1 Food Challenge will take place in Pampa on Tuesday October 14th.

Bi-County Food Show is scheduled for Monday, October 27. Please sign up in our office by Wednesday, October 22.

District 1 4-H Food Show will take place on November 15, 2014.

### FOOD SHOW CATEGORIES FOR BI-COUNTY FOOD SHOW AND DISTICT 1 FOOD SHOW:

### JUNIOR:

<u>Bean Salad</u> - Any type of salad composed of beans and other ingredients. Examples could be southwestern black bean salad, Texas caviar, etc...

Salsa - Chunky or pureed dip - can be fruit or vegetable. Examples could be fruit salsa, tomato based salsa, etc...

<u>Yeast Bread</u> - Any bread made with yeast and a leavening agent, which rises when baked. Examples could be applesauce bread, sour cream and vanilla bread, a regular loaf of bread, etc...

<u>Macaroni and Cheese</u> - A pasta dish prepared in a cheese sauce. Be creative with your macaroni and cheese and add in family's favorites ingredients. We want to see your creativity. Examples could be green chili mac and cheese, bacon mac and cheese, Cajun mac and cheese, etc...

**Special Diets** - A dish that is prepared for a person who has dietary needs. Examples could be gluten free, nut free, dairy free, etc...

### **INTERMEDIATE:**

<u>Bean Main Dish</u> - A main dish that contains beans as the main ingredient and main nutrient for a protein source. Examples could be a chili with beans instead of meat, bean burgers, etc...

<u>Fresh Fruit Dessert</u> - A healthy take on dessert; prepare a dessert that is made from fresh fruit. Examples could be fruit pizza, fruit salad, etc...

<u>Yeast Roll</u> - Any type of roll that is made with yeast and a leavening agent, which rises when baked. Examples could be cinnamon rolls, dinner rolls, etc.

<u>Macaroni and Cheese</u> - A pasta dish prepared in a cheese sauce. Be creative with your macaroni and cheese and add in family's favorites ingredients. We want to see your creativity. Examples could be green chili mac and cheese, bacon mac and cheese, Cajun mac and cheese, etc...

<u>Special Diets</u> - A dish that is prepared for a person who has dietary needs. Examples could be sugar free, gluten free, nut free, dairy free, etc..

### **SENIORS:**

Seniors will utilize the four state qualifier categories as published at the state level. The State Theme this year is "Bringing Texas to the Table". The dish selected needs to relate to the current year theme.

<u>Protein</u> - All foods made from meat, poultry, seafood, beans and peas, eggs, processed soy products, nuts, and seeds are considered part of the Protein Foods Group. Beans and peas are also part of the Vegetable Group. EX: Dishes that contain meat or meat alternative such as eggs, dry beans, peas or peanut butter.

<u>Fruit and/or Vegetable</u> - Any fruit or 100% fruit juice counts as part of the Fruit Group. Fruits may be fresh, canned, frozen, or dried, and may be whole, cut-up, or pureed. Any vegetable or 100% vegetable juice counts as a member of the Vegetable Group. Vegetables may be raw or cooked; fresh, frozen, canned, or dried/dehydrated; and may be whole, cut-up, or mashed. Vegetables are organized into 5 subgroups, based on their nutrient content. EX: Dishes that accompany a main dish (salads, relish trays, cooked fruits and vegetables)

<u>Grains</u> - Any food made from wheat, rice, oats, cornmeal, barley or another cereal grain is a grain product. Bread, pasta, oatmeal, breakfast cereals, tortillas, and grits are examples of grain products. Grains are divided into 2 subgroups, Whole Grains and Refined Grains. Whole grains contain the entire grain kernel — the bran, germ, and endosperm. EX: Quick, yeast, bread mixes, rice, pasta

<u>Dairy</u> - All fluid milk products and many foods made from milk are considered part of this food group. Most Dairy Group choices should be fat-free or low-fat. Foods made from milk that retain their calcium content are part of the group. Foods made from milk that have little to no calcium, such as cream cheese, cream, and butter, are not. Calcium-fortified soymilk (soy beverage) is also part of the Dairy Group. EX: Dishes selected <u>must contain a half serving</u> of dairy (macaroni and cheese, drinks, custards, cheese logs, etc.)

<u>Special Diets</u> - A dish that is prepared for a person who has dietary needs. Examples could be sugar free, gluten free, nut free, dairy free, etc. (District competition only).



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# More 4-H news . . .

Dallam & Hartley County 4-H Yearbooks are now available for the 2014-2015 year. They contain lots of great information for your upcoming 4-H year. Please stop by the office for a hard copy!



All Stock Show exhibitors must have a Quality Counts number. If you are a first time livestock exhibitor or are a new "senior" 4-Her, you must retake the test. When you complete the test, please print out a copy of the certificate and put it in your showbox. Shelby has access to your number and does not need a copy of your certificate. Please call Shelby if you need more information.

## WILDLIFE

Wildlife Project meetings continue to be held weekly on Wednesdays at 3:45 through October 29th.

# PHOTOGRAPHY THEME ANNOUNCED

For 2014-15, the theme is "Inspiration". This year the theme will focus on pictures of subjects that move and inspire YOU. Photos can include photos of leaders, mentors, family, friends, things in your community, school, church, or across the country and world.

Sign up for 4-H—\$20.00 NOW, \$25.00 LATER

The last day to sign up for 4-H at the \$20.00 rate is October 31, 2014.

After that, the fee goes up to \$25.00. Also, this is the last month that 4-Hers from previous years will receive the newsletter. Beginning with the November newsletter, we will send the newsletter to only those families who have enrolled on 4-H Connect. Please take the time to enroll asap. We will be glad to help you in any way we can so please enroll today. Call us if you need assistance, 244-4434.

# TEXAS STATE PRESERVATION PHOTOGRAPHY CONTEST

The Texas State Preservation Board in partnership with the Texas 4-H and Youth Development Program is pleased to present an annual photography contest for members of the Texas 4-H and FFA Programs. This photography contest allows 4-H and FFA members to showcase Texas Agriculture through photos.

A select number of the photographs will be displayed in the Texas State Capitol Agriculture Museum starting in January 2015 before the opening of the Legislative Sessions. Selected photographs will feature a place card with the photographer's name, city, and age. Photos will remain on display for one year in the Agriculture Museum.

Any enrolled and active member of the Texas 4-H Youth Development Program or Texas FFA Association may enter the contest. Youth can only enter either in 4-H OR FFA but not both. There are no entry fees and you can enter online at:

# http://fs4.formsite.com/state4h/4hffa/index.html

Entries are being accepted now—entries will not be accepted after 11:59pm on December 10, 2014. Call our office if you have additional questions.

### ATTENTION ALL 4-Hers!

There will be a recordbook training for junior, intermediate and senior 4-H members on Thursday, November 20 at 6:30pm. Shawnte Clawson, District 1 4-H Specialist will be conducting the training. Please call our office to sign up by November 19 if you plan to attend so handouts can be prepared. This training is for all ages no matter what your recordbook experience.

# 4-H YOUTH FUND\$

## Fundamentals of Money Management Workshop

The "Fundamentals of Money Management Workshop" will be held Saturday, October 18 in the Extension Office meeting room. Hattie-Carole Bezner will be the teen leader for this Consumer Education project. The 4-H Day Camp will be for 5th, 6th, 7th and 8th graders. The workshop will begin at 9am and include snacks, lunch and a

community service project plus lessons on managing money, time and resources. A \$10 fee will be charged. Please register now if interested by calling the Extension Office at 244-4434. Please pick up the supplemental learning packet at the Extension Office beginning on October 1st.



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# Club Corner











# Hartley Plainsmen 4-H Club

October meeting Oct 3rd @ 3:30 in Mrs. Clark's room

- Program: Fall pumpkin craft
- Community Service: Bring fruit, crackers, nuts, snacks to make teacher boxes for National 4-H Week.
- One Day 4-H clean up project on Oct 11th Hartley Community Building @2:00pm

# Channing 4-H Club

Meeting with potluck on Wednesday, October 8 @ 6:30pm. Officers @ 6:00pm.

October 11-One Day 4-H (Channing Annual Clean-Up). Meet @ 9:00 at the school

October 16-Pumpkin Patch (after school)

October 30-Halloween Cake decorating for the junior class (bring 2 cakes without icing)

# Hartley County 4-H Council

Hartley County 4-H Council is conducting a food drive in Hartley and Channing during National 4-H Week. You can drop non-perishable food items off at your school.

# 4-H for Families and Friends 4-H Club

The Family and Friends Club will meet Tuesday October 14 at 7 pm at the Rita Blanca Coliseum. Our monthly service project will be to participate in the National 4-H Week activities. The Ralston Family will be bringing drinks and the Sorrels Family will have snacks. We need 3 demonstrations for October and many of the other months. Please contact Angela ASAP to sign up to give a demonstration which counts for achievement points! Remember to bring your bar of soap (if your family signed up) and your pecan order form to the office.

# Dallam Darlins 4-H Club

Thursday, October 2, 2014

Dallam Darlins will be participating in the Tri-County Food Challenge beginning at 5pm at the Coliseum. Please join us as a participant or an observer!



# Dallam County 4-H Council

October Meeting
October 20, 2014
Extension Office, 6pm
Roll Call: What Year did you join 4-H?

4-H Council Members will be busy the next couple of weeks.

September 30—All council members check with Shelby for making radio spots after school.

October 3—Danielle, Hattie, Jaylee, Anneke, and Gerret pick up 4-H signs from the office and deliver. Names and addresses for delivery will be provided.

October 6 - 4-H Council put up tri-fold boards

October 9 by 10am—2 dozen cookies or iced cupcakes (per family) delivered to Extension office so they can be taken to 4-H supporters

October 9, 4pm—4-H Council members deliver apples & cookies to 4-H supporters

October 11—"One Day 4-H" Please check the first page of the newsletter and choose one or more activities to participate in!

October 13-Meet with Dallam County
Commissioners Court for junior high and
high school—come prepared





The annual Hartley and Dallam County pecan sale is in full swing. The campaign runs through October 10. Hartley Plainsmen 4-Hers—you should turn your packets into Jennifer Been by 5pm on Friday, October 10th. Channing 4-H Club—you should turn your packets into Stephanie West by 5pm on Friday, October 10th. Dallam 4-Hers—Order blanks and money need to be turned into your club managers at your October meeting. If you need a little more time, orders can be turned into the Extension Office by October 10th. We are placing the huge order to the company on October 13th so please do not delay in getting your forms in!!! If you have questions, please contact your club manager or the Extension Office.

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# October 2014

TEXAS A&M
GRILIFE
EXTENSION

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Wildlife Project Meeting, 3:45pm	2 Tri-County Food Challenge, 5-7pm	3 Hartley Plainsmen 4-H Club Mtg., 383 3:30pm	4
5 Rabbit Clinic, 3pm	6 Gold Star Ban- quet, WTAMU	2	8 Channing 4-H Club	6	10 All pecan orders turned into your club managers	11 ONE DAY 4-H
12	13 Hartley Achievement Reception, 7pm	14 4-H for Families & Friends 4-H Club Mtg., 7pm Coo District 1 Food Challenge	15 Wildlife Project Meeting, 3:45pm	16	17	18 <u>Fun</u> damentals of Money Mgmt. Work- shop
19	20 Dallam 4-H Council, 6:00pm	21	22 Wildlife Project Meeting, 3:45pm Deadline to sign up for Bi-County Food Show	23	24	25
26	27 Bi-County Food Show Lamb & Goat Valida- tion	28	29 Wildlife Project Meeting, 3:45pm	30	31 LAST DAY TO ENROLL IN 4-H for \$20.00	

# November 2014

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>—</b>
2	3 All heifer valida- tions due to Shelby	4 MAJOR STOCK- SHOW ENTRY DAY for FT. WORTH	വ	6 Dallam Darlin's 4-H Club Mtg., 6:30pm	7 Hartley Plainsmen 84-H Club Mtg.,	8 District 1 Quiz Bowls
σ.	10 MAJOR STOCK- SHOW ENTRY DAY	11 4-H for Families & Friends 4-H Club Mtg., 7pm	12 Channing 4-H Club Mtg., 6:30pm	13	14	15 District 1 Food Show
16	17 Dallam Co. Swine Validation Dallam Co. 4-H Council	18 Hartley Co. Swine Validation	19	20 Recordbook Training, 6:30	21	22
23	24	25	26	27 Happy Thanksgiving!	28	29
30				Office closed —		

Email: Dallam@ag.tamu.edu

Phone: 806-244-7434 Fax: 806-244-7434

Dallam & Hartley Co. Extension Office 401 Derrock Avenue
Dalhart, Texas 79022



SIGN UP FOR 4-H NOW! Go to 4honline.com. If you have questions, please call us and we can help you! Beginning November 1, you will receive no more emails or correspondence from us if you have not signed up. All members who enroll on 4-H Connect will receive a membership card!

